

Anti-bullying spirit week

October 14th-18th



Monday- Wear Blue!

Blue is the national bullying prevention color.

Tuesday- Make someone smile 😊 Give out 5 compliments.

Wednesday- Make a new friend! Talk to someone new, sit with someone new at lunch, etc.



Thursday- Write a note or draw a picture for someone who inspires you.

Friday- Share a random act of kindness- whether it's holding a door open for someone, volunteering to help your teacher, helping a classmate, etc.

